

## LOWER GYM SCHEDULE (MAR 30 - MAY 10)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a		5:00 - 5:45a Y FIT		5:00 - 5:45a Y FIT			
5:15a	5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL		5:15 - 6:15a OPEN BASKETBALL		
6:00a						7:00 - 7:45a Y FIT	
7:00a							
8:00a	8:00 - 8:30a KIDS CLUB (NO SCHOOL DAYS)						
9:00a	8:30 - 9:15a Y FIT			8:30 - 9:15a Y FIT			
10:00a	KIDS CLUB FULL GYM 10:00 - 11:30 (NO SCHOOL DAYS)						
11:00a	YOUTH CLASS/CHILDCARE 11:30 - 12:00						
NOON		12:15 - 12:45p STRONG START		12:15 - 12:45p STRONG START			
1:00p							
2:00p							
3:00p							
4:00p	4:00 - 5:00p YOUTH CLASS	4:00 - 7:00 GYMNASTICS YOUTH CLASS	4:00 - 5:00p YOUTH CLASS	4:00 - 5:30p YOUTH CLASS			
5:30p	5:30 - 6:15p Y FIT	5:45-6:45 Volleyball Practice	5:30 - 6:15p Y FIT	5:45 - 6:45p Volleyball Practice	5:15 - 7:00p Volleyball Games		
6:30p							
7:30p	7:30 - 8:30p Volleyball Practice						

SCHEDULES SUBJECT TO CHANGE

## MIDDLE GYM SCHEDULE (MAR 30 - MAY 10)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30a	5:30 - 6:30a Y PUMP	5:30 - 6:15a SURGE FIT	5:30 - 6:30a Y PUMP		5:30 - 6:15a HIGH FITNESS		
6:00a							
7:00a							
8:45a		8:45 - 9:30a STEPIT STRENGTH		8:45 - 9:30a STEPIT STRENGTH			
9:00a	9:00 - 9:30A PRESCHOOL	9:45 - 10:15A PRESCHOOL		9:45 - 10:15A PRESCHOOL	9:00 - 9:30A PRESCHOOL		
10:00a	10:00 - 11:00a PARKINSONS IN MOTION	10:30 - 11:30a SR STRENGTH & CARDIO	10:00 - 11:00a PARKINSONS IN MOTION	10:30 - 11:30a SR STRENGTH & CARDIO			
11:00a							
NOON							
1:00p	1:00 - 3:00P PICKLEBALL						
2:00p	3:00 - 4:00P CHILDCARE INCLEMENT WEATHER						
3:00p	4:00 - 5:30P KIDS CLUB FULL GYM						
4:00p							
5:30p	5:30 - 6:30p CARDIO DANCE	5:30 - 6:30p VOLLEYBALL PRACTICE	5:30 - 6:30p CARDIO DANCE	5:30 - 6:30p VOLLEYBALL PRACTICE			
6:30p	6:45 - 7:45P VOLLEYBALL PRACTICE						
7:00p		7:30 - 8:30P VOLLEYBALL PRACTICE	6:45 - 8:45P PICKLEBALL				
8:00p							

SCHEDULES SUBJECT TO CHANGE  
WITHOUT NOTICE.