LOWER GYM SCHEDULE (OCT. 5 – NOV. 15)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00a		5:00 – 5:45a Y FIT		5:00 – 5:45a Y FIT			
5:15a	5:15 – 6:15a OPEN BASKETBALL		5:15 – 6:15a OPEN BASKETBALL		5:15 – 6:15a OPEN BASKETBALL		
6:00a							
7:00a						7:00 – 7:45a Y FIT	
8:00a	8:00 – 8:30a KIDS CLUB (NO SCHOOL DAYS)					8:00a – 12:0p BASKETBALL GAMES	
9:00a							
10:00a	KIDS CLUB FULL GYM 10:00 – 11:30 (NO SCHOOL DAYS)						
11:00a	YOUTH CLASS/CHILDCARE 11:30 – 12:00						
NOON		12:15 – 12:45p STRONG START		12:15 – 12:45p STRONG START			
1:00p							
2:00p							
3:00p							
4:00p	4:00 – 5:00p YOUTH CLASS	4:00 – 5:30 YOUTH CLASS	4:00 – 5:00p YOUTH CLASS	4:00 – 5:30p YOUTH CLASS			4:00 – 7:00p GYMNASTICS
5:30p	5:30 – 6:15p Y FIT	5:30 – 6:30p BASKETBALL PRACTICE 1/2 OPEN	5:30 – 6:15p Y FIT	5:30 – 8:30p BASKETBALL PRACTICE 1/2 OPEN	5:15 – 7:15p BASKETBALL GAMES		
6:30p	6:45 – 7:45p BASKETBALL PRACTICE	6:30 – 7:30p BASKETBALL PRACTICE 1/2 OPEN					
7:30p		7:30 – 8:30p BASKETBALL PRACTICE					

SCHEDULES SUBJECT TO CHANGE WITHOUT NOTICE.

MIDDLE GYM SCHEDULE (OCT. 5 – NOV. 15)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30a	5:30 – 6:30a Y PUMP	5:30 – 6:15a HIGH FITNESS	5:30 – 6:30a Y PUMP		5:30 – 6:15a HIGH FITNESS		
6:00a							
7:00a							
8:00a					8:15 – 10:15A PICKLEBALL	8:00A – 12:00P BASKETBALL GAMES	
9:00a		8:45 – 9:30a STEPIT STRENGTH	8:30 – 9:15a YO	8:45 – 9:30a STEPIT STRENGTH			
10:00a	10:00 – 11:00a PARKINSONS IN MOTION	10:15 – 11:15a SR STRENGTH & CARDIO	10:00 – 11:00a PARKINSONS IN MOTION	10:15 – 11:15a SR STRENGTH & CARDIO			
11:00a							
NOON							
1:00p	1:00 – 3:00P PICKLEBALL						
2:00p							
3:00p	3:00 – 4:00P CHILDCARE INCLEMENT WEATHER						
4:00p	4:00 – 5:30P KIDS CLUB FULL GYM						
5:30p	5:30 – 6:30p CARDIO DANCE	5:30 – 7:30P BASKETBALL PRACTICE	5:30 – 6:30p CARDIO DANCE	5:30 – 7:30P BASKETBALL PRACTICE	5:15 – 7:15P BASKETBALL GAMES		
6:30p	6:45 – 7:45P BASKETBALL PRACTICE HALF GYM OPEN						
7:00p						SCHEDULES SUBJECT TO CHANGE WITHOUT NOTICE.	
8:00p							